

MY DIABETES RESULTS FOR 20.....

NAME..... DOB.....

Doctors: HbA1c, this should be below 6.5%

Risk Factor: less than 6.5% low; 6.5-8.5%, medium; 8.5% or more high, or

Less than 48mmol/mol, low; 48-70mmol/mol, medium; 70mmol/mol or more, high

Date..... HbA1c..... Risk Level.....

Previous Results

Date..... HbA1c..... Risk Level.....

Dentists: The Basic Periodontal Examination (BPE).

Date..... Highest Score.....

Risk Factor 0-1 low; 2-3 medium; 4 or 4* high

Previous Results

Date..... Highest Score.....

Risk Factor 0-1 low; 2-3 medium; 4 or 4* high

Notes: These numbers range from 0 to 4*. The maximum score in each sextant is recorded.

0 - No periodontal problems.

1 - Bleeding on probing (a sign of gingivitis and poor plaque control).

2 - Calculus (indicating the need for scaling and root planning).

3 - Pockets of 3.5 to 5.5mm (that is early periodontal breakdown).

4 - Pockets of 5.5 to 8.5mm (that is moderately severe periodontal breakdown).

4* - Pockets greater than 8.5mm (that is severe periodontal breakdown with an increased risk that teeth will require extraction).

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